

Cambridge registration closed

By Judy Willan

As of June there will no longer be an office for registration in Cambridge. Continuous learning applicants will register at Doon.

"The close out of the CCL registration office is the only closure in Cambridge," said Ken MacKeracher, vice-president of CCL.

"Those services will be incorporated into Doon Campus. There is one full-time employee who we will be finding other work for in the college."

The only lay offs are the part-time people. We have not fired anybody, simply consolidated operations."

"The problem is there is not enough classrooms anymore to warrant full scale registration," said MacKeracher. "We are not pulling out of Cambridge just consolidating."

Methods of registering available to the students are mail in, drop-off box and by fax. Payments can be made by credit card. A few months ago, the CCL began accepting faxed applications. Credit card payments are acceptable by including the credit card number and signing the form.

The increased number of methods accepted for registration are intended to eliminate line ups and to speed up the registration process.

Pre-registration has been increased because of the increased methods. No decision has been made as to whether a drop-off box will be looked at in one of the centres in Cambridge.

Two years ago the college closed its main Cambridge academic campus and left three remaining campuses: the welding centre, Futures Campus and Collier-MacMillan site remain.

Currently the college is negotiating with the school board to run CCL courses at high schools in Cambridge. The CCL is looking at courses beginning within a year at the increased number of locations. The agreement would increase the opportunities available to potential students.

The Waterloo Separate School Board, Waterloo County School Board, Huron County School Board and Perth County School Board are also being approached to allow the college to offer CCL courses during the evening. "Schools are already operating," said MacKeracher. "People won't have as far to go for adult courses. The college would increase the range and number of courses." The college would be able to offer certifiable courses on a part-time basis allowing students to complete courses towards a certificate or diploma.

WITT cancelled

By Andy Dugan

A month from now, Doreen Duffus, instructor for the much-touted women in trades and technology course, will be looking for a job.

The 18-week course is being discontinued, following a decision by the Kitchener, Cambridge, Guelph and Stratford offices of Employment and Immigration Canada.

"I actually haven't been given a reason (for the cancellation)," Duffus said.

Currently there are 14 students enrolled in the course, which offers a taste of non-traditional occupations such as auto mechanics, electronics, machining, carpentry and welding to women seeking employment. In place of the women in trades and technology program, the college will offer an older program, In-

troduction to Non-traditional Occupations (INTO). This program, dropped two years ago in favor of the current one, is much shorter at eight weeks. Four weeks are spent in placement, and four in the classroom.

John Gee, supervisor of the counselling unit at Employment and Immigration's Kitchener office, is in charge of the direct purchase training program. His office and those in Cambridge, Guelph and Stratford buy programs from Conestoga College with a budget of \$3.8 million.

The shortage of money is one reason the WITT program is being cancelled, since the INTO program is much cheaper to operate.

But Gee said there were problems within the course itself, although he would not elaborate.

Who says there is no cure for the summertime blues

By Katherine Hayes

Although the spring weather has brightened up many faces on campus, not everyone is facing the new season cheerfully. According to Roger Mainland, a counsellor in Doon's student services, problems such as anxiety, depression and stress can still be clouding the lives of many students.

"All you have to do is walk down the hall and see who you are meeting. There's a cross-section of people out there, not much different than anywhere else," said Mainland.

"Problems are the same on campus as anywhere else," he added.

In an interview April 12, Mainland said spring can be an odd time of year for the counselling staff. Many students are moving on, and wrapping up their sessions with their counsellors. problems. Then again, the stress of exams can create some serious, and unexpected, difficulties.

Students who are seeking counselling can expect to see one of the four full-time staff within a short time. The counsellors work in three main areas: career planning, personal problem-solving, and academic development.

Career planning is often covered in the pre-admission stage of a student's time at Conestoga. Some students see a counsellor to talk over their career plans before they enrol. But others will find themselves wondering half-way through a course if they have made a wrong choice. The counsellors provide assistance in working through the in-



Roger Mainland helps students work through their troubles
(Photo by Katherine Hayes)

decision.

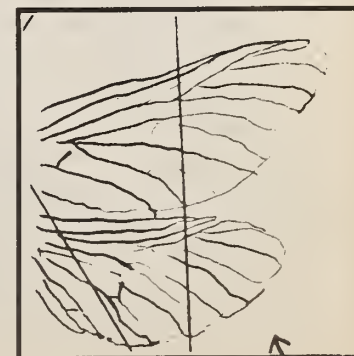
Academic development can range from building study skills to solving inter-personal problems with faculty or other students. The aim, said Mainland, is "to work on being as good a student as they can be."

Personal problems are discussed in confidence and in a comfortable, relaxed atmosphere. Counsellors may help a student cope with anything ranging from day-care problems to sexual assault to suicidal depression.

When it is appropriate, referrals are made to doctors or agencies off campus. Although these outside resources may be better suited to the needs of the student, appointments with campus counsellors may continue if there is a waiting

period, or if the student wants to maintain the campus contact.

Mainland said the counsellors see about as many males as females, and they represent all age groups and all programs. The services are available to continuing education students, although the office is staffed in day time only.



Big wheels

The massive drive wheel and generator in the Dynamo Room at the Detweiller centre are just part of the display recounting the history of electricity in Ontario. 400 tons of electrical equipment and graphics were installed in the \$6 million complex honoring the founder of Ontario Hydro.

(Photo by Mel Taylor)

Good luck to all our grads

Spoke

Editor: Andy Dugan

Associate editor: Mel Taylor

Production Manager: Joe Melo

Advertising Manager: Judy Willan

Photo Editor: Angie Hill

Circulation Manager: Patricia Harricky

Staff: Marianne Brooks, Jodi Crawford, Nicole Isard, Leah Shier

Spoke is published and produced by the journalism-print students of Conestoga College. Spoke is financed from September to April by the DSA. The views and opinions expressed in this newspaper do not necessarily reflect the views of the college or the Doon Student Association. Advertisers in Spoke are not endorsed by the DSA unless their advertisements contain the DSA logo.

Spoke shall not be liable for damages arising out of errors in advertising beyond the amount paid for the space.

Spoke, Conestoga College 299 Doon Valley Dr. Kitchener, Ontario
N2G 4M4
tel (519) 748-5366
room 4B15



Young love

By Angie Hill

Oh my God, you're married? You're only 20-years-old! How many children do you have? That's the reason you got married isn't it?

How many times a week do you think I go through this? At least two or three, and the honest truth is, it is getting very sickening.

What's wrong with marrying for love? I could say I married my husband for his money, but that would be a lie. Actually I thought he had money, but he lied.

The entire truth is, I was married at 19, and have never regretted it. He's a good guy. What man would stay at home, do housework, (even after a friend labeled him a wussy husband), loves doing laundry and vacuuming, definitely a dying breed.

Also, how many men would put up with a part-time wife? Part-time wife means that we only get a chance to spend approximately 36 hours a week with one another because I am going to school here, and he is at home in Neustadt an hour and half away. The time we get is minimal. He never complains.

What a guy!

Being married young is a bonus. No more bar scenes, (but if that is what you are into, more power to you), no wondering if you will have a date for that wedding on Saturday night, and always having someone there you know loves you. Also, we are planning on having children in two years, so great, by the time I'm forty, the kid(s) will be in an institute of higher learning.

I'm hoping the University of Tibet, but that's jumping the gun a wee bit.

All in all we have had a good life so far. Maybe when we become a full-time family things will change, but I doubt it—he needs me. Maybe that's what I'm afraid of, he doesn't. If he can clean his own clothes, keep a fairly decent house, and eat at his mothers what does he need me for? Companionship right?

Having a best friend that is around all the time is a great thing. Someone you can tell anything to, (except who you danced with at the last pub), someone who will look at you and can honestly say they still like the way you look after a drink your face-off hammer, those kind are few and far between.

My mother was totally against getting married so young. She had a bad relationship, and after being left with a very bad taste in her mouth from marriage, she didn't exactly jump on the band wagon right away.

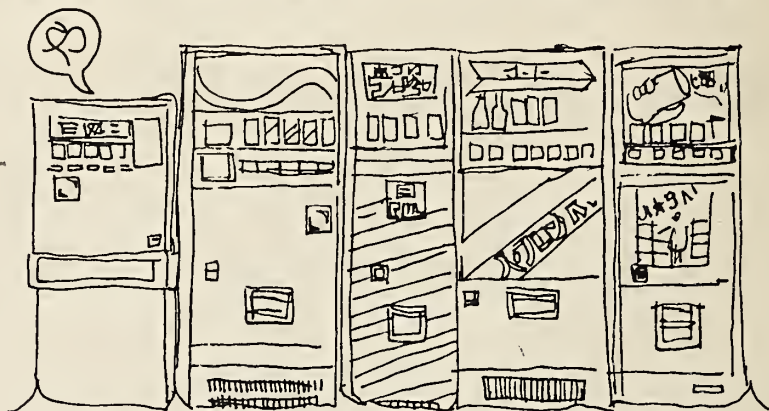
My grandmother and grandfather did, only to be saying later, "My we must be getting old Marj, if we have a granddaughter who is getting married."

Sadness along with happiness both come along with the marriage thing. You have to leave a whole part of your life, move away into a strange house, and become a responsible grown-up. Ahhhh! Growing up, how could this happen? The terrible voices you hear, "When Ang leaves can I have her room?" or the horror of finding your stuff in the basement, replaced with old junk that doesn't have a home anywhere else. I'm getting married not buried.

Marriage can be wonderful institution if you find the right person. I am confident I have. However, if you do find the wrong person, marriage can put you in an institution.

OPINION

JAPANESE VENDING MACHINES IN THE SNOW



Pay attention to recycling signs

Conestoga College students are still having a problem with recycling.

It was understandable when the signs located above the boxes were not clear but that problem has since been rectified. Now an individual can go up to the row of boxes, scan the posters, find the appropriate box and deposit their recyclable materials. Yet, with some of the boxes, a second glance is needed before depositing the recyclable. Pop cans, in a ledger papers box? Something is wrong with the picture. Another scan is done to ensure that the individual's vision is correct; it is. Some abusers of the system have been at work. A stroll down the hall to another set of boxes only once again brings dismay to the recycling-minded individual. Again pop cans occupy the wrong box. Even more agitated, the individual knows where there is another

set of blue boxes. Things strike in threes, some say. But not to this individual. Success at last. The lone piece of paper finds a home and all the boxes are being used correctly.

As was suggested by Don Ruddick, a business management student, a reward should be given to people who recycle and recycle correctly. It appears some incentive is needed for some people to recycle. Why can not the need to save the environment, the earth, be enough? If the offenders could be identified, and all recyclables piled in their back yard, maybe they would respond. Cutting down on the amount of garbage dumped in landfill sites is beneficial to all. The effort needed to recycle is small for the great difference it makes.

—Judy Willan

DSA, get your own PR

Spoke recently came under fire from the Doon Students Association for what was deemed unfair and inaccurate reporting of DSA functions and elections. Although Spoke staff and faculty advisors were quick to respond to the charges at a DSA executive meeting held to discuss the perceived problem, no concrete examples were brought forth to support the accusations.

A search of Spoke files found nothing but fair and honest reporting of DSA activities, and the DSA executive didn't seem to think that it was incumbent upon them to provide proof.

The upshot of the whole affair seemed to be that since Spoke is funded by the DSA the newspaper should function more as a public relations vehicle for the student association than as a course module for the journalism program.

The fact of the matter is that Spoke was handed over to the program when it became too much for the DSA to handle. Since that time it has attempted to run as a responsible and newsworthy reflection of the college community and the personalities and attitudes which

make up that community.

If students have concerns about the way their DSA dollars are spent, then the college newspaper is the logical venue to air those concerns, without fears of recrimination from the DSA executive. If at times the student organization seems to be out of line or not serving the interests of the student community, all students have the right to criticize the association to which they pay mandatory fees.

No one asks students if they want to belong to or participate in DSA activities. It is a requirement for attending the college. Given this violation of students' right to choose, is it not fitting that their right to express displeasure with that state of affairs be protected in the pages of a free and open forum?

Rest assured that nothing short of a gag order from the DSA would curtail the honest reportage of Spoke staff and their responsibility to the student community Spoke serves. Spoke prints all the news that fits, not all the news that the DSA deems fit to print. That is our right and our choice.

—Mel Taylor

Rave on, rave on

I just love listening to raving heterosexuals.

Like men threatened by "pushy women," whites complaining about immigrants, and fundamentalist's demanding Bible readings in class, they are all complaining about "reverse discrimination."

Modern legislation, education and media have eroded the foundations of traditional elites in society. The white, Anglo-Saxon, Protestant, heterosexual male is no longer the pinnacle of creation, but a tiny fraction of the great diversity of humanity.

But those who have held power never surrender it willingly. Racism, sexism and homophobia are unacceptable in a modern context, but some cling to the attitudes of the past and lash out at all signs of change. As they lose ground they claim they are discriminated against by a changing world.

It's like hearing the woes of an ex-slave owner, or an

unemployed South American torturer. The world is far too small and the problems are far too large to allow this intellectual and social provincialism to get in the way.

Society is changing at an increasingly accelerated rate. Sciences such as psychology and anthropology have eroded simplistic understandings about ourselves. This is very stressful to those unwilling to move with this great new stream of knowledge and awareness. They can only try fight it with fear, violence and repression.

That's why I so enjoy hearing the inheritors of past privilege now smarting at the discomfort of a challenging diversity their parents and grandparents had the luxury to ignore and the power to silence.

Not any more.

Lyn McGinnis

FEATURE

Eating disorders can be devastating

By Nicole Isard

Every day we are barraged by advertisements with thin, tall, perfectly built people who don't seem to have a care in the world. This is not reality, but there are those who strive to be perfect, to please everybody, and there are those who, if they can not control external circumstances, try to control their bodies either by starving themselves, or eating and purging. We call this anorexia and bulimia.

Bulimia has been practiced for centuries. The Romans used to binge until they could not eat any more, walk off to the vomitorium to bring up what they had just eaten, and go back for more. Those who choose this destructive form of dieting are called bulimic because one can eat, unlike anorexia, where eating is not allowed.

Marilyn Fischer and Caroyl Glaze of health services at Conestoga College said each year they usually have a couple of students who come to talk to the doctor about eating disorders. If there is a problem, they may be referred to the outpatients ward at the K-W Hospital. If the problem is serious, most of the times the doctor at Conestoga will refer them to a psychiatrist at The Homewood Sanitarium in Guelph. Fischer and Glaze said only two students were referred this year, but some persons with eating disorders don't see themselves as having a problem, and therefore do not seek any form of treatment.

"It is common in most of these

cases that these people have an unrealistic view of themselves and of food. Anorexia and bulimia are mental and emotional problems. Often, these people are perfectionists; they are highly intelligent, and they need control over their circumstances. More women than men have eating disorders, and they are students as well as adults."

Bulimics are able to hide their problem for a long time because they do not lose a substantial amount of weight. However, they may spend hundreds of dollars during their eating binges.

"They eat huge amounts of food; for example, they may eat three pounds of cheese, three bags of chips, a litre of ice cream, a dozen brownies, and then purge," said Fischer.

A bulimic, during a binge, may take in over 5,000 calories before vomiting. The usual caloric intake for a healthy woman is 1,800 to 2,000 calories per day.

A woman who works for FREED (Friends and relatives of everyone with an eating disorder), who prefers to remain anonymous, said eating disorders are a sad trap for the victims.

"Bulimics are very secretive of their purging, and they may even be embarrassed about the situation. Signs of bulimia include burns around the mouth and spotted teeth because the stomach contains hydrochloric acid, strong enough to eat through linoleum, and brought up along with the food. Their face and glands may be swollen, and there will be broken blood vessels in their face and their eyes, due to

the force of the vomiting. In turn, their potassium level drops, which results in irrational and illogical behavior, which they are not aware of. The bulimic will have stomach and intestinal discomfort, and their weight will fluctuate due to the

These people want to please; they want others to look at them and be envious, because oftentimes, they are starved emotionally for attention.

binging and purging, and they may even be overweight."

"Anorexics can not hide their symptoms as easily as bulimics because they lose approximately 25 per cent of their total body weight. Anorexics have eating rituals, such as playing with their food, or counting how many times they have chewed a morsel of food."

If anorexics are allowed to continue for a time, they may develop

a type of "peach fuzz" on their body because there is no fat to protect the vital organs from the cold. Ten to 15 per cent of anorexics die from the disease.

Symptoms common to both anorexics and bulimics are dehydration, from a lack of vital fluids, and the stopping of menstruation. Anorexics and bulimics will become introverted and withdrawn, and will avoid close relationships because of that fear of losing control. Both may abuse laxatives, because they are a diuretic, and will help body weight drop faster. Anorexics and bulimics also exercise excessively, perhaps two or three times a day.

These people want to please; they want others to look at them and be envious, because oftentimes, they are starved emotionally for attention. They may become fanatics about another person's weight and body shape, and they are always comparing themselves to someone else. They do not realize they are underweight, they constantly see themselves as grossly overweight. Anorexics and bulimics will also become very deceptive because they are often ashamed of what they are doing.

Bulimia: A Guide to Recovery, a book by the husband and wife team of Lindsay Hall and Leigh Cohn, goes into great detail about bulimia, and even touches upon anorexia. Hall herself was bulimic, and describes her teenage and adult years as hell, because of her need to be perfect. She describes her childhood as well, going into details such as being slightly over-

weight in private school, and learning how to binge and purge once she entered college.

Hall states that only five per cent of men are bulimic, and that in North America the attitude is great bodies are falsely equated with great sex, happiness, will-power, independence, and an overall glamorous life. There is also a false belief that anyone can get thinner if they try.

Over the course of a day with several binges, Hall said her caloric intake may have reached 30,000 to 40,000, which is three weeks worth of food.

Anorexia and bulimia can not be remedied as quickly as the common cold. These diseases can become a life-long obsession. One must remember these diseases are mental, not physical.

The first step to controlling the disease is to get the person to admit to the problem, and then seek help. Fischer, Glaze and even Hall said parents may not be the best people to turn to, because they tend to want to control the person's food intake all of the time. Hall said in her book it is recommended during recovery for the anorexic or bulimic to eat moderate portions, so their body becomes used to eating normally. Antidepressants may also be prescribed.

The most important thing to remember is to let anorexics or bulimics know they are not despised for their eating habits, and let them know someone is there to care for them and love them, no matter what their body shape, or what they have done in the past.

EASL course helps new immigrants

By Nicole Isard

It is sometimes hard for a new immigrant in Canada not only to speak English, but also to try and keep their cultural identity. The English as a second language program at the Guelph Campus manages to teach new Canadians not only basic language skills, but how to become new members of a society, and still not lose their roots.

Eric Chalingarian, co-ordinator of the program, and himself and immigrant, used to teach the course, and he got involved in the administrative end of it. He has decided to remain the co-ordinator of EASL and academic support, and once in a while, he teaches.

Chalingarian has two programs; EASL, which strictly teaches language skills, and is dormant at this time, and the other open program, which is English for vocational purposes, an offshoot of the mainstream project. It focuses not only on language skills, but prepares the students for the labor market, in the way of interviewing, resumes, and finding and keeping a job. Toward the end of the EVP course, students are sent to various industries, to see what they are

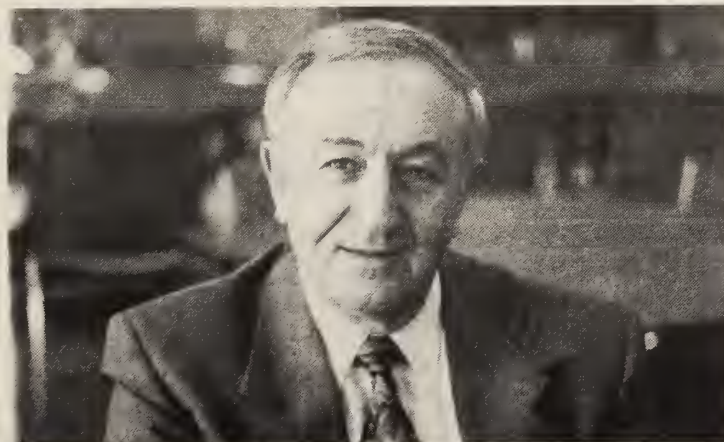
like. This takes five out of the 25 teaching hours per week.

Chalingarian said students pick up the language at their own pace.

"It depends on the student's personality and background. Some are highly intellectual and enjoy grammar. Others need the practical side, which is the actual speaking of the language. More intellectual students prefer the grammar, and will often refrain from talking until they know what they will be saying is right. Then, there are those who go right into conversation, and eventually learn proper sentence structure."

Chalingarian said differences in a student's native language will cause difficulties. He said those persons whose language is close to English, such as German, find it easier to learn English than those students who are, for example, East Asian.

The EASL and EVP programs are 24 weeks long, and Chalingarian said there are programs for those called fasttrackers; people who have been in Canada for a while, and just need upgrading. Seats in the course are bought by the Canada Employment Centre. A student may leave halfway through a course, and a seat is



Chalingarian

vacant, so the student will be tested to see if he or she can be placed in the advanced class. The student may finish with the rest of the class, but their program will have been shortened.

Chalingarian said some graduates he taught 10 years ago are almost in regular contact, but he may never hear from some others. He said it depends on the student's personality.

"I believe there is a need to respect one's heritage and culture values, but by not encouraging im-

migrants to join the mainstream, they are condemned to their ghettos. I feel a responsibility to give leadership skill to the students so they may join the mainstream without abandoning their language. By being in academic support, I also try to get a link between Canadians and newcomers; Canadians need to understand their values so both groups can integrate with little conflict. That has become my mission," said Chalingarian.

SPOKE NEWS FLASH

If you have a hot news tip, get us going on it right away by calling

the
**Spoke
office**

748-5366

or dropping by room
4B15, Doon Campus

Letters to the editor

Get going on resumes

We are writing to expand on Judy Willan's editorial from the March 25 edition of Spoke. Yes, it's true. The final days of school are fast approaching. Your job search should be well on its way. Your resume should be in its final form, ready to be sent off for every interesting opportunity that arises.

If you haven't already composed a resume, this should now be high on your list of priorities. Our department does have a lot of information on the job search process: resume, cover letter, letter clinics where students can drop in between the hours of 10 a.m. to 12 p.m. on Tuesday and Thursday, and Wednesday between 2 to 4 p.m. for personal assistance.

Please don't wait until you have graduated to start looking for a job. Competition is going to be even stiffer if you wait. A number of on-campus interviews have already been conducted. Please check regularly our job boards and check with our program co-ordinator for any opportunities in your area of study. Don't miss out on any more opportunities.

At the beginning of April we offered workshops entitled, "Job Search Techniques During a Recession." Workshops were scheduled to run at the Doon, Guelph and Waterloo campuses, but the only workshop we held was at the Waterloo Campus. The other two were cancelled due to the lack of response.

We are located in room 2 A 11-2 - just down from the Dooners. Please come and see us soon.

Co-operative education and placement,
Conestoga College.

"Normal" people speak out

We had no idea the "normal" people of this country fear the education of safe gay sex so much. "It seems in today's society both gays and lesbians are trying to monopolize the Press," Spoke editorial writer Leah Shier said.

We want to know where the facts are to back up this important accusation. Recently some gay articles have been published, such as Newfoundland's Memorial University newspaper supplement on gay safe sex, but not the widespread media blitz that Shier indicated.

As well, we the so-called "normal" people want to know why Shier's opinion of "deviant behavior" has to be our opinion. We didn't know homosexual preference was deviant. Isn't sexual preference a freedom enjoyed by all modern-day people.

Obviously, gay sex is not a freedom if you listen to Shier. Her definition of normal is labelling everyone to conform to how she has sex!

"We as the general public should not have to be subjected to it (gay lifestyles)," Shier said.

Again, Shier cannot define what the general public is or wants.

Shier assumes that we (the general public) don't want to read about gay safe sex, but I don't remember Shier asking me if that is what I wanted.

Shier is forgetting that everyone has the choice of reading whatever they want. How can she be subjected to "deviant behavior" when she has a choice to read the article or not? Nobody is forcing her to do anything.

It's one thing to say I disagree with someone else, but quite another issue to say you can't print that because I disagree with you.

Aren't newspapers supposed to present different points of view, as well as reflecting the whole society, gays included?

It's nice to know headhunting Nazis are alive and well and spreading their message at Conestoga College.

Rob Maddox, Stewart Shutler
Journalism, yr 3

Too fluffy

Nicole Isard's column in Spoke, dated April 15 is one of the worst examples of inept women bitching about sexism, when all they really want is to find a man to cling to.

Although I strongly agree there is too much sexism in advertising, Isard used absurd examples in what is little more than a fluffy expression of liberal beliefs she says she has, but I just don't buy it. I think she doth protest too much.

The struggle with sexism is no where near over, and although Isard's entertaining column seems to suggest otherwise, it is a lot more than a housebound woman selling Tide.

I resent fluff-brains like your columnist insinuating her trivial points of view, without putting them in proper perspective, and thereby negating the millenia-old struggle against female oppression.

After all, sexism in SOAP commercials is just a speck of dirt in the garbage can of prejudice.

And that is where her article belongs: in the garbage can.

Signed,
A woman
Doon Campus

Advertiser responds to column

I am writing in response to an article written in Spoke's April 15 issue entitled "Advertisers should get with the program" by Nicole Isard.

First of all, I believe everyone is entitled to their own opinion, but perhaps people who are not familiar with the advertising business should not be so quick to judge without taking all the facts into consideration.

Yes, it is true that more and more women are staying home and more women are working. But the fact remains, more women are homemakers than men, like it or not.

I think a reason you don't understand is because you don't realize the extensive market research done before an ad campaign is launched. If the research determines the vast majority of their consumers are

women, they're going to direct ads to a woman. Why would they direct the ad to men if they're not the ones purchasing the product?

There also exist several commercials and television programs which portray men in roles usually played by women, and vice versa. I don't believe advertisers for diapers and baby food dwell in the inane belief that every woman wants a child, but even if they did, the people who buy baby products obviously have babies, so who else would they advertise to?

It seems no matter what you do, people will always pick it apart. Perhaps your writing talents would be better applied to a subject of more importance, and not old news.

Lisa Stauffer
Graphic design and advertising,
year 3.



Mon. 4 p.m. on
all you can eat fish & chips
9 p.m. till 1 a.m.
1/2 price nachos

Tues. Wing Night
4 p.m. on 20 cent wings
(no take out)

Wed. burger & fries \$3.99
9 p.m. on—all menu items 1/2 price

Thurs. Conestoga Student Night
Shooter Night—special shooter,
special price

Fri. 4 p.m. on
Steak & shrimp \$9.65
wild & wacky game night—Win prizes!

Sat. Ladies Night
featuring 4 different male & female
dancers (not strippers)

Sun. open till 1 a.m.
Live Entertainment
different local artists each week
4 p.m. on Lasagna dinner \$4.99

Excellence in Photography by Sooter Studios

40 - 60% off Special Graduation Packages
BONUS

Special discounts with 10 or more bookings
20% off frames—with this ad—when purchasing a package

3 Locations

ToyRUS Plaza
509 Wilson
Avenue
Kitchener,
Ontario
748-6316

Highland Centre
324 Highland
Road West
Kitchener,
Ontario
570-1331

Zellers Plaza
(formerly Towers Centre)
94 Bridgeport
Road East
Waterloo,
Ontario
725-2880

Watch for the Ms. Sooter contest coming soon

CONTRARY TO POPULAR DEMAND

Recreating medieval times:

Chivalry is not dead yet

By Lori Joslin

Feeling chivalrous? Why not don a coat of armor and prepare to joust? If jousting isn't of interest, perhaps leather-making, calligraphy, juggling, embroidery or jewelry making is.

The Society for Creative Anachronism (SCA) is an organization that recreates medieval times. It's tailored to those people with an imagination and a taste for things medieval.

The SCA offers the unique opportunity to invent a persona. With a new name, and medieval occupation, the Society allows you to temporarily escape from the present.

The SCA itself was started in California 36 years ago, when it was suggested that the theme for a birthday party be "medieval times."

The party was so successful, the idea was taken to the Los Angeles Science Fiction Convention where fantasy writer Marion Zimmer Bradley coined the SCA name.

"The whole thing spread like wildfire after Los Angeles", said Kitchener-Waterloo chapter member Neil Peterson.

Presently there are 75 branches all over the world, the farthest north being in Fairbanks, Alaska, and most southern in South Panama.

In Ontario there are 400 mem-

bers, 70 of whom are in Kitchener-Waterloo chapter.

For SCA members, chivalry is not dead. Members are addressed cordially as either "My lord" or "My lady".

Gallant bowing and hand-kissing serve as a way of formal greeting. A strict code of honor reminiscent of Arthurian legend forms their basic philosophy.

One of the main attractions for Peterson is the chance to recreate a time better than the present.

"You know that if you were to leave an expensive sword in a corner, that it would be there 24 hours later," Peterson said. He concluded simply "the whole conduct of the human race changed."

This is Peterson's second year in the society. An avowed learning freak, he has been taught how to make leather, clothes, medieval cooking, dance, brew wine, and joust.

Peterson is known as Ragnor Thorbersson, a Viking who existed during the middle ages, to SCA members.

Many SCA members only know each other by their personas.

"We have a joke in the SCA," he said, "that there is the real world (SCA) and the mundane world."

A fertile imagination is the only requirement for those interested;

age, occupation or gender have little bearing. What members do as a livelihood is as varied as the ages, which range from pre-school, or younger, to 70 or older.

"There have been children born in the SCA, they grow up without fear," Peterson said. People have been married in medieval fashion.

To University of Waterloo student Karen Murphy (a.k.a. Arnora Dunston), it's the medieval atmosphere that appeals to her.

"I'm here because it intrigues me; fun intrigues me," she said.

The appeal for Pat Campbell (a.k.a. Bettina) lies in the opportunity to learn and make friends.

"I find history very interesting now. In school when you had to learn it, it was boring," she said.

Campbell finds the background research that has to be done on the clothing fascinating.

"Most of the crafts are made with original materials," she said.

Conestoga College student Brock Masell (a.k.a. Nott) says the organization is primarily education oriented.

"The whole premise of the SCA is to educate other people," he said. "I can learn a different thing every weekend, or spend years perfecting it."

However, Masell admits, "what initially attracted me was the fighting."



A modern maiden recaptures a medieval moment.
(Photo by David Koopmans)

Anglers hooked on landing the 'Grand' father of all fish

By John Marshall and Sandy Wilson

Arcades, movies and satellite TV. These are the favorite past-times many young Canadians indulge in, in the twilight of our twentieth century. Has the lost art of self-amusement become totally extinct in our society? Not even our beloved recession can steer our appetite for deathly expensive entertainment. It seems Canadians need a medicine stronger than a recession to curb their hunger for the artificial pleasures of life, and rejuvenate an interest in life's more simple pleasures, like FISHIN'.

Although it is not appreciated by anyone other than the genuine fisherman, the Kitchener-Waterloo area is rich with ponds, streams and rivers stocked with fish for the catchin'.

We decided to try our luck early one sunny spring morning. Equipped with tacklebox, rods and bait in hand, we journeyed first to pickup our mandatory three-day, \$6.50 fishing licences.

Licences acquired, we began our

quest through the dense brush south of Cambridge, beside Highway 24, in an effort to find the shores of the mighty Grand River.

Our concentration was geared at only one thing. Not to catch a fish, but the great-grandfather of all fish — a giant pickerel, known for its ability to fight intensely and stymie the majority of anglers.

With the knowledge that pickerel have an uncontrollable craving for canned corn niblets, we broke out a can and casted into the dark depths of the river.

Within a matter of seconds, both our rods began their southward descent. Not only did we get a strike, but we in fact had a doubleheader.

Our adrenalin came to a screeching halt when our supposed mammoth fish were actually sun-fish, and rock-bass, respectively. It was then that we learned that not only do pickerel crave corn niblets, but so do the "shit-fish."

Five hours later, and after dozens of less than pan-size surprises, the feelings of dejection set in deep on our fishing camp. We were now looking at the option of eating the

niblets saved for the pickerel that now seemed never to be.

"One more cast?" we asked each other. "Sure."

Our idea had turned sour. Still nothing. We began to reel our hooks in for the final time. Our dream of "the big one" was quickly fading as our bait slowly became visible through the Grand's murky water.

Then, out of the shadows, came the grandfather of all fish we had hoped for.

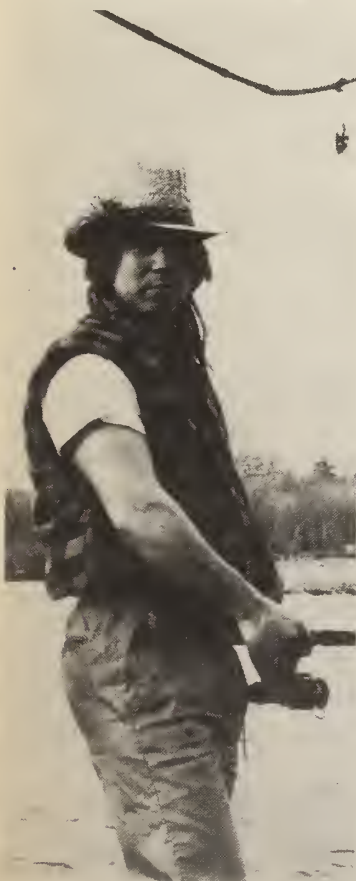
With unleashed fury the aquatic hunter grabbed the niblets and headed for deeper water. It was now a battle between man and fish. The giving of line and taking of line, the giving of line and the taking of line.

All of a sudden "SNAP." It was only now that we realized that the 99 cent, two-pound-test bargain line we had purchased from Dutch Boy could not withstand our dream fish.

Although we didn't reel in "grandpa," we endured enough excitement to make the excursion a worthwhile time.



...John Marshall cast their lines in anticipation of "the big one."
(Photo by Sandy)



Pooling their efforts, Sandy Wilson and...

(Photo by John)



Tired of normality? Why not alternate?

By Sheri Bard

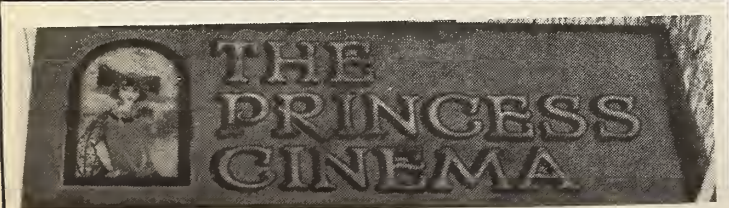
Phil's Grandsons Place, located at 220 King St. N. in Waterloo, offers an alternative night out in a relaxed atmosphere. It appeals to those tired of normality. Located near Waterloo's two universities, the bar attracts many students, but it is the regulars who add colour to the surroundings. They use the bar as a hang out rather than a pick up joint. Unlike most night clubs, Phil's action begins at the bottom of a staircase where one is greeted by a

painted city landscape sprawled across the walls. Several tables located on different staircase levels, as well as a bar, a small dance floor, and a foos-ball game sit in the dark hazy atmosphere that Phil's creates for its customers. At the end of a hallway leading past the bathrooms and the busy dance floor, patrons converse in a back room while music by the Red Hot Chili Peppers, the Soup Dragons, and Jane's Addiction blast from the disc jockey's booth located in the corner. A Led Zeppe-

lin tune occasionally slips into play. Although Phil's Grandsons Place may not appeal to everyone, it is full of intellect and charm. It invites people to be individuals, make new friends, and enjoy themselves. Besides attracting a large crowd on Friday and Saturday nights, Phil's Grandsons Place plays host to a "jam night" every Tuesday from 8-11 p.m. Its second anniversary just celebrated, Phil's future is looking bright.



Party ammunition prevails at Phil's Grandson's Place. (Photos by Renee Ammendolia)



Waterloo moviehouse caters to unique tastes

By Barbara Jackson

In the immortal words of Leonardo Da Vinci, "all our knowledge has its origins in our perception." For those eager to advance your understanding, Waterloo's Princess Repertory Cinema has the proverbial ticket. Offering a vast variety of indigenuous and international films, at prices cheaper than mainstream moviehouses, the Princess Cinema provides a tempting alternative. The six-year-old theatre, tucked away behind the Huether Hotel at 6 Princess St. W., caters to a clientele tired of the Porky's and Police Academy genre of film-making. With titles ranging from Hamlet to Cruising Bar — a film touted as being not just another hilarious sex comedy — most connoisseurs of alternative entertainment should find a film compatible with their preferred viewing pleasure. The Princess specializes in presenting both first-run, cinematic obscurities to age-old classics. Films are scheduled on a two-month basis, with most being shown on two or three separate evenings. An example of the diversity in programming is made evident with the March and April focus, teaming a Monday night series of Shakespearean classics with two Iranian films. These movies promise to detail "a degree of suffering we in the West are all too capable of ignoring," according to the Princess review guide.

When entering the theatre, patrons immediately become aware they are not in for another typical night at the movies. The walls are covered with the works of local artists and photographers, aptly entitled, "The Cinema Gallery." The drawings and collage-work of artist Robin Wight is currently on display, and will remain until April 30. Rather than providing traditional junk food, the Princess confectionery includes such healthful items as nanaimo bars, fruit juices, sunflower seeds and that age-old stand by, popcorn. Admission prices, when compared to those of most corporate-owned theatres, makes the Princess more economically practical as well. At \$3.75 for members and \$5.75 for non-members, theatre-going is made easier on the pocketbook. Non-membership prices will be going up in the near future; however, the management is reducing the cost of member tickets in a marketing effort known as "The Amazing GST Price Break." Even the Princess is not without its share of commercial motivation. Film guides can be found in restaurants, book and record stores throughout the Kitchener-Waterloo area. If your world has become a little too common, and entertainment value reigns over your priorities, do yourself a favor and spend the evening with the Princess.

Independent bands get exposure through record and disc projects

By Shelly Kraft

"It is very difficult in today's music biz for independent bands to get the exposure that they deserve," says Frank Fowlie, "and because of that dilemma, I decided to undertake this project." Fowlie is the director of Waterloo community radio station CKWR, and producer of a musical compilation of local, independent bands titled: A Giant Leap Of Faith. So far, the project consists of two volumes. The first volume was released on vinyl in 1989 and consists of eight songs performed by eight different groups including Gordie Gordo and the G-Men, and a popular local band, the Rhinos. The second volume is presently in progress and is expected to be released this May. This one will be on compact disc and will consist of 12 songs. Those performing in-

clude two bands from Toronto, two local single artists, and eight bands from Kitchener, including Gord's Ramble. Gord Bolan of Gord's Ramble believes "this is a worthwhile project." There is a great deal of exposure involved in a project like this. Currently, the first volume of A Giant Leap Of Faith is being sold at Dr. Disc. More importantly, copies are also distributed to radio stations and record companies almost world-wide. Bolan says his band is most interested in the European exposure. Of course any exposure is positive and can spark very positive results. The first volume resulted in a record deal in Montreal for Gordie Gordo and the G-Men, and the Rhinos were picked up by a Kitchener studio who recorded them for free. The Rhinos have

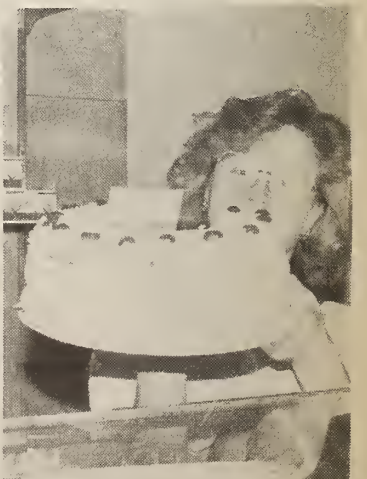
achieved a great deal of success since the release of A Giant Leap Of Faith, and have just recently finished a tour out west. As for Fowlie's expectations for the second volume, he said, "I'll be happy if one or two bands gets a deal out of this." And because of the great response to the first two volumes, there will also be a third. Not only is this a great opportunity for striving musicians, but also a great opportunity for music lovers. "A Giant Leap Of Faith" provides something that hasn't been heard before by most people. It gives buyers a chance to listen to a variety of new music and perhaps discover the sound they've been searching for. For those who have faith in our local musicians, you may want to take that giant leap.

Desserts with class outrank apple pie

By Jamie Slater

Has 31 flavors lost its appeal? Looking for culture in your dessert? Then Cafe Mozart is the place for you. German pastries, chocolate truffles, imported and herbal teas and coffees and a variety of cakes covered in fruit and European chocolate are what you'll find on the menu at the cafes, located at 45 Queen St., Kitchener and 38 King St., Waterloo. Quaint and classy best describe the decorum of Cafe Mozart. A marbled floor entrance leads you directly to the ordering counter. Once your order is placed, you're told to sit down, and the delectable is brought to you.

Time restrictions are not an issue at Cafe Mozart. If you elect to, you may sit there all night. And many do. The atmosphere brings out the best of dining conversation. If romance is your thing, but the current economy prevents you from impressing your night-time companion, fear not! A typical entree consisting of one drink and one dessert for a party of two comes to less than \$10. Seating arrangements are spacious if intimacy is a concern. If the same-old desserts are boring you, and you're looking for a quiet place to go, try Cafe Mozart. It will open your eyes to a new food culture. And now you can have your cake and eat it too.



Better leave your calorie counter at home. (Photo by Tammy Caron)

Inquiring minds seek alternative literature

Reading on the cutting edge

By Daniel Harrison

Does People magazine put you to sleep? Are you tired of reading the recycled articles in Maclean's? Is the Rolling Stone expensive fish-bait? If you had three grand and an Apple computer you'd show them, right?

Some people are. Maybe they don't all use Apples, but they put out magazines and newspapers that challenge the mind and expose the alternate side of life.

Maximum Rock and Roll is a thick newsprint mag from L.A. that's in-your-face music journalism.

It's what Rolling Stone was ten years ago: radical opinions, alternative rock reviews, humorous interviews and punks that write like you and I talk. Beware, judicious use of the f-word abounds. One con though, the music is to the punk side of Faith No More. It's available at the K-W Book Store.

• Similar publications: Toronto's M.E.A.T. (metal oriented; available at most record stores), England's SOUNDS (the music gamut, from Clint Black to the Stretch Marks, great features; available K-W Book Store), Toronto's NOW (what's doing in T.O., look close and you'll find the outside; available every-



where) and America's Rock and Roll Confidential (the U.S. rock gossip sheet; available only by subscription — Box 341305, Long Beach, CA, 90034— for about 35 bucks).

I-D, subtitled Ideas, Fashion, People, is Great Britain's answer to People. It is life on the fringe, exploring personalities, the arts, and lifestyles the mainstream ignores. Wit and humor are abundant, and it's always interesting to see ourselves, or our heroes, through another country's eyes. A similar publication is the Vegetarian Times, looking at that invisible lifestyle. Interviews and recipes are its focus. Both are available at the K-W Book Store.

• Similar publication: New Age (philosophy and alternative culture; available K-W Book Store). Music and lifestyles are great,

but what about more serious issues? Here the Apple-people abound. Kinesis is a Canadian feminist monthly newspaper that lives up to its promise to go past the dailies and explore women's issues. It's not too radical and nicely written.

New York City's news-weekly, the Village Voice, is an excellent example of investigative and thoughtful journalism. A left-leaning award-winning paper that doesn't disappoint—buy it just for the reviews and the New York scene columns. Kinesis is available at the K-W Book Store and the Village Voice at Forwell's in Waterloo.

• Similar publications: Peace (Canadian bi-monthly from disarmament group focusing on conflict resolution; available K-W Book Store), Probe Post (Ca-

nadian environmental publication: everything from deforestation to noise pollution; available K-W Book Store), Canadian Dimension (socialist newsmagazine; available most news stands), Nation (U.S. left-wing newsmagazine; available K-W Book Store), Briarpatch (Saskatchewan's newsmagazine; available K-W Book Store), and Rites (Canadian gay rights newspaper; available K-W Book Store).

Reading doesn't have to be boring and redundant. Check out these alternative publications and keep an eye out at your local newsstand.

Where to start? K-W Book Store and Exchange, in downtown Kitchener, carries a worldwide range of magazines. The Blue Leaf, also downtown, is a well-spring of New Age publications.

Enviro-mag earthbound

By Catherine O'Brien

Interested in reading about the environment, but tired of all the doom and gloom? Then Earthkeeper is the magazine for you. Earthkeeper emphasizes that awareness leads to change, and the magazine attempts to produce positive in-depth environmental reporting that will be appealing to a general audience.

As Earthkeeper co-founder Patricia Brown said, "we want people to see that there is a light at the end of the tunnel."

The March/April issue will be the first issue nationally released for this Guelph-based magazine and will be its fourth publication. The magazine was founded last summer by Scott Black and Patricia Brown, recent graduates from the University of Western Ontario. Brown said the magazine tries to present a "consistent and optimistic approach to environmental issues in Canada."

Earthkeeper fulfills this goal by providing articles that deal with Canadian environmental issues at the local level. The focus is on what Canadians are doing for the environment. The reporters are mainly free-lance: ranging from parents and teachers, to professional journalists. Earthkeeper is appealing to read, as it avoids much of the technical language that magazines such as Alternatives use.

This recyclable magazine will publish six times a year and subscribers have access to a special "info pool". For a small fee, Earthkeeper will do a title search on specific environmental issues.

Earthkeeper can be purchased at most WH Smith and Coles bookstores across Canada. Locally, Generations in Waterloo and the Bookshelf in Guelph carry the magazine.

People can also get in touch with Earthkeeper by writing to 99 Edinburgh Rd. S., Guelph, Ontario,

Exploring final fantasy frontiers

By John L. Tachauer

Thrill-seekers interested in science fiction and fantasy might wish to try There And Back Again, a unique bookstore located on Brunswick Avenue in Stratford.

You can't miss it. It's the one with the guarding dragon at the front.

This bookstore, which maintains

an orderly, small-town feeling, specializes in science fiction and fantasy items. Literature ranges from Doctor Who to Star Trek, and from Lord of the Rings to Teenage Mutant Ninja Turtles.

Owner Steve Budan, in his third year of business, has more than 5,000 titles in stock, totalling over 12,000 books. Although fantasy books sell a little more than sci-

ence fiction does, science fiction material is still popular.

According to Budan, Star Trek and books by Piers Anthony are his best sellers. There is also an individual section for award-winning authors, like Joe Haldeman and Arthur C. Clarke.

People who are looking for more than just reading material can also find novelty items such as calen-

dars, posters, and fantasy figurines.

There And Back Again also offers computer fantasy software and used Nintendo games.

This bookstore has served the public for over two years. The owner is hoping the public will be 'there and back again' buying best- and near-best sellers and to explore the final frontier for many light-years to come.

Conestoga Blues:

Catatonic campus tests creativity

By Ted Hodgins.

"What am I going to do on the break?" This is a question that is asked by many students each day. And it's not easy to find the answer (not on this campus anyway).

For the student who isn't blessed with a motor vehicle, the isolated campus makes it hard for most of us to get away from the campus for a couple of hours (for a lot of people it's hard enough to get here in the morning in the first place).

Those stuck here are forced to use the tools that are on hand.

There are three places that most people consider refuges from boredom: the cafeteria, the library and the lounge. Each of these places has its good points, but how much cafeteria food, video games and back issues of "Rolling Stone" can one student stand in a lifetime?

The really dedicated student (and there are a few out there) will spend

his or her free-time keeping up on their homework, but most people get more of a challenge doing it minutes before its due. For those people here are a few suggestions:

- Grab a buddy and a couple back issues of Spoke for a rousing and calorie-burning game of Spoke fencing.
- Visit the Student Services office. They are always willing to talk to you and they might have a few suggestions.
- Go exploring. A college this size must have hundreds of rooms that most people have never seen, but remember to leave a trail of breadcrumbs — many students have gotten hopelessly lost in the Engineering section alone!
- Start a club. Remember those? They were those corny things we did in high school.
- Visit the recreation center. There are many thing you can do there to make yourself sweat.

- Go see the nice ladies in Health Services; they might be lonely. Fake an illness, give a nurse something to do.
- If you are really desperate contact the DSA and see if you can get swept up in the drama and the excitement of college politics.

Remember with a little imagination and a lot of boredom a college student can get into almost anything, but always check if its legal. Ask one of the LASA students.



Spending time with Art

By Cathy Goodwin

Art through visual form illuminates life like nothing else can. What better way to spend a Sunday afternoon than to visit one of the many art galleries and museums in Waterloo Region. Those ready to enlighten themselves with artistic culture can pursue these interests by visiting art galleries.

The Kitchener-Waterloo Art Gallery, located in the Centre in the Square, offers many special events that focus on contemporary and historic art.

Ranging from architectural prints in the main gallery, to a wide variety of styles, which can be noticed in a section focusing on Op Art (a style also known as Optical art which shows vibrant colours, distorted perspectives and repeated patterns).

Kitchener native JC Elvy, has turned the natural environment into a form of visual study on the Northern landscape. Her colourful prints

showing this personal interpretation can be seen in the print corridor of the gallery where each month a promising Canadian artist is featured.

To experience more Canadian art The Library and Gallery located in the Cambridge Public Library features monthly exhibitions giving prominence to a variety of media and artistic viewpoints. This gallery also offers a number of programs and activities that could appeal to patrons of all ages.

Additional galleries in the region worth a visit:

- Graystone Gallery
14 Princess St. E., Waterloo
- The Seagram Museum
57 Erb St., Waterloo
- Briarpatch Lane Art Gallery
Waterloo City Centre
100 Regina St. S. #125
- The Joseph Schneider Haus
466 Queen St., Kitchener

Why not take advantage of what is being offered and enjoy an afternoon at the gallery?

Unique games find home at university museum

By Sharon Coates

The Museum and Archive of Games at the University of Waterloo houses one of the most unique collections in Canada.

The museum, founded in 1971 by UW's Department of Recreation and Leisure Studies and Faculty of Applied Health Sciences, has a collection of over 3,000 game-related objects. The museum was developed through the research of games and game playing behavior, as well as culture. University disciplines such as anthropology, history, mathematics, languages and literature, for example, conduct research concerning games.

The museum gallery changes the exhibit themes approximately every four months. Examples of themes presented throughout the past year are: "Inuit Games", "Ancient Games", "The History of Pin-ball" and "Puzzles and Games in Fine Art". The theme of the current exhibit is "Playing with Money".

"Playing with Money" deals with the history and development

of board games that have incorporated the use of "money" during play. The most fascinating aspect of the display is the history of the popular board game Monopoly. The display includes the Swedish and Finnish version of the game, as well as the Canadian bilingual edition which appeared in 1982. First produced in 1935, Monopoly is now legally marketed in over 25 countries. The full history of the game's beginnings, and Monopoly trivia, are included in the display.

The exhibit showcased other interesting board games produced within the last 40 years.

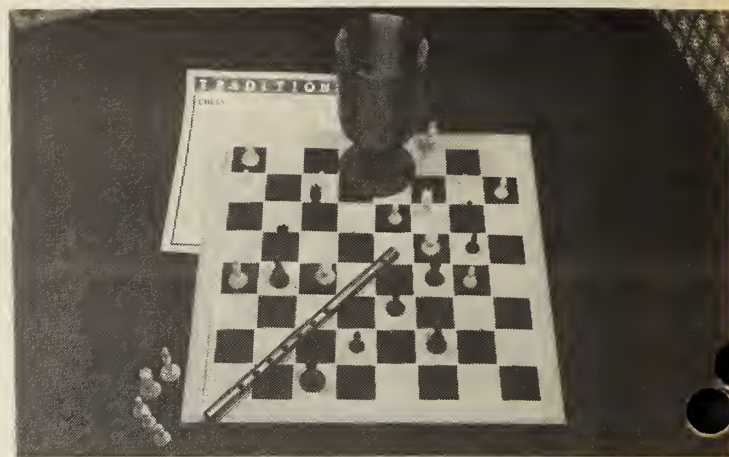
Examples of board games featured in the current display:

- "Park and Shop", originally produced in the U.S. The Canadian bilingual version was completed in the late 1940's, early 1950's. The object of the game is to get to the mall with as much money as you can without losing it on parking tickets.
- The "Leave It to Beaver Money-Making Game" produced in 1959 as based on the popular ABC

show, encouraged players to "share Beaver's ingenious and often disastrous attempts at making money!" Beaver's "father" is the banker, and a player as well.

- "Allegro", a 1977 musical game from Guernsey (Channel Islands), involves questions on classical musical composers, notation, instruments, etc. There is no previous musical knowledge needed to play the first level of the game, but extensive musical knowledge is needed for the second level. The game was published in the United States in 1980.

The museum's collection has ancient and modern games, from ancient Egypt to the latest electronic and computer games. Old and new games popular with North Americans may be found side-by-side those not so familiar. The collection consists of games adapted to accommodate those with physical and visual limitations, nineteenth and twentieth century commercially produced games and copies of original works of art that illus-



An object of "boardom" on display at the University of Waterloo. (Photo by David Koopmans)

trate games and game playing.

The archive has 2,000 reference books, reports, patent information and more on games. Pre-twentieth century references on games are stored in the university's Rare Book facility. A computerized information system for collection and archive material is staff-assisted and available for the public's use.

The Museum and Archive of Games is located in B.C. Matthews Hall at the University of Waterloo. Museum hours vary with each exhibit, but it is generally open each weekday afternoon, one or two evenings a week and on Sunday afternoons. For more information call the UW at 885-1211 or the voice telephone at 888-4424.

Bingo! Cheaper entertainment will bowl you over

By Leanne Okum

With the colossal costs of entertainment in this region and the taxes that are added to them, many students, young and old, are finding fewer affordable ways to spend their free time.

Saturday nights in the Kitchener-Waterloo area are customarily spent at the movies or local dance clubs. Thousands of dollars are spent in one evening by people who are only looking for one night of fun and laughter. Therefore, what are full-time students with part-time pocketbooks supposed to do with their Saturday nights?

A cheaper option to the monotonous Saturday night at the movies, which is rising in popularity, and since the new year, rising in cost, is a game of 10-pin bowling. The Waterloo-Wellington area is equipped with over 10 bowling lanes that offer 10-pin bowling for a fraction of what you pay at a movie theatre.

For those of you who would rather go out to the local bar and

spend the night drinking with friends, you will be happy to know that all bowling alleys in our area are licensed to serve alcohol.

Prices range from under \$3 a game per person and many alleys have discount specials that make the price even more reasonable.

"Bowling is somewhat challenging and fun at the same time. For a group of people that have nothing better to do, it is a good way to spend the evening," said Robin Carmount, a Law and Security Administration student at Conestoga College's Doon campus.

Carmount was spending his Saturday at Kitchener's Brunswick Frederick Lanes playing "cash colours." After 11 p.m., people can bowl for \$2 a game and have the chance to win money or prizes. By 11:15 p.m., the door is usually filled with people ready to try their luck and save a few dollars.

"These days, bowling is really expensive. By the time you have a few beers and a little food, it could cost a small fortune. It is still

cheaper than the movies," said Carmount.

People who don't believe that bowling is "their thing" may find an intriguing game of bingo a better way to spend their evening.

The first thing that comes to mind when bingo is mentioned, is a smoke-filled gymnasium that is occupied wall-to-wall with little old ladies that have nothing better to do on a Saturday evening.

This, shockingly, is not true. Bingo is catering to a younger crowd in this region. The game is not just for old ladies anymore.

There is a 16-year-old age limit to players. Bingo cards with three lucky chances to win on them cost as little as \$3. Bingo ink dabbers can be obtained at the hall for \$1, so in total, a couple can spend an evening at the edge of their seats for less than \$10. There are approximately 10 bingo halls in the Waterloo-Wellington area.

People's first reaction to a bingo hall, is somewhat clouded by the cigarette smoke, and is one of sur-

prise at the amount of young adults filling the tables. College and university students are finding that playing a game of bingo is a very inexpensive form of entertainment and that winning up to \$1,500 in cash prizes is an excellent way to

pay off their tuition.

There are better and more interesting ways to spend a Saturday evening in the region. People just need to open their minds and give anything and everything a try.

Pavement puck-ups

By Kris Lowry

Remember when you were little and you played ball-hockey with all your friends? Back then there were no referees, and absolutely no rules. Sure the odd kid got a stick in the face, but it was all part of the game.

At first, playing with a bouncing tennis ball seems difficult, but then it becomes a skill mastered with experience.

If you've played with a tennis ball for years, playing ice hockey with a puck is a breeze. Many pros, including Cam Neely and Wayne

Gretzky, say that ball-hockey is about the best way to improve your hockey prowess.

Now that we're older, many of us have forgotten how entertaining the game is to play.

Sometime, if you discover there's nothing to do, maybe you should think about playing ball hockey. Collect a handful of buddies, and head for the nearest clear stretch of pavement and let the games begin. If you do, you will keep physically fit, have a good time with your friends, increase your skills and bring back great childhood memories.

Listowel takes bull by the horns

By Alf Creighton

The Portuguese Toureiro sat high on his horse while he stared down 900 pounds of the snorting, savage animal. Again and again the bull fighter evaded the continuous assault of the maddened bull's fury.

You normally would expect to find this scene in Portugal, Spain, but not in Listowel, Ontario. Joe Borjes of Listowel is offering a unique experience; you can watch four days of bull fighting this summer at the corner of Highway 86 North and Highway 19.

Unlike Spanish bull fighting where there is danger to the bull fighter and certain death for the bull, Portuguese bull fighting is a more humane spectator sport for modern times. In Portuguese bull fights, the bull is not killed and the bull's horns are padded to prevent any injury to the Toureiro, or bull

fighter, who is dressed in traditional costume.

The bull fighter faces the bull on



(Graphic by Sheri Bard)

horseback, and his task is not to kill the bull but to exhaust the animal. To exhaust a bull, is said to be the mark of an excellent rider.

Once the bull is exhausted, an eight-man team, the "mocos-de-forcado", enters the arena and tries to put the bull to the ground. They

do this by lining up behind each other across the ring from the bull. They then coax the bull towards them.

The first man centres himself between the horns of the bull and holds the head down while the rest of the team forces the exhausted animal to the ground. Broken, the bull is then lead out of the ring.

Individual fights last 15 to 20 minutes. Bull fighters come from as far as Portugal, California and Mexico to participate in Borje's arena.

Borjes, who has been holding bull fights since 1989, said, "no serious injuries to the bulls or the bull fighters have happened."

Borjes will be holding two events in May, one in June and one bull fight in the second week of July. Admission will be a flat rate of a little over \$20 per person, due to the GST.



The Roll Call

EDITORS:

Ted Hodgins, Leanne Okum

ASSIGNMENT EDITORS:

Shelly Kraft, Jamie Slater

COMPUTERS:

Cathy Goodwin, Dan Harrison

PHOTO EDITOR:

Lori Joslin

COPY EDITORS:

Renee Ammendolia,

Sharon Coates, Alf Creighton,

John Marshall

LAY-OUT:

Melissa Hunter, Sandy Wilson

HEADLINES:

Sheri Bard, Tammy Caron,

Barbara Jackson,

Dave Koopmans

PRODUCTION:

Kris Lowry, Catherine O'Brien

John L. Tachauer

Special thanks to Andrew Jankowski and Sheila Hannon.



Don Douglas, a teacher in the LASA program, who initiated the Scholarship Endowment Fund.
(photo by Patricia Harrickey)

New scholarship fund for LASA

By Patricia Harrickey

There was a special announcement at this year's Law and Security Administration Awards Banquet-the introduction of a LASA Academic Scholarship Endowment Fund.

The annual scholarship will be awarded to a deserving LASA student in the second, third or fourth semester and will recognize the student's academic achievement, personal need and overall contribution to the program. The scholarship funds may only be used for academic purposes, such as tuition fees and books.

Don Douglas, a teacher in the LASA program, said the idea for the endowment fund came about last December when the second year students travelled to Kingston to study correctional institutions.

Each student kicked in \$14 to cover accomodation costs because the program budget only covered transportation costs."

However, Douglas managed to find sufficient travel budget to cover all of the expenses so the student's funds became surplus. Douglas said he persuaded the students to donate the surplus money to the program for a worthy cause.

"The students agreed so the fund started then with about \$800," he said.

The awards banquet kicked off a fund-raising drive open to students, alumni, parents and friends of the program. Alumnus Chris Ecklund was the first to contribute to the fund with a donation of \$1000.

Douglas said the goal of the drive is to raise \$10,000 by Dec 31, 1991.

"Only the interest from these funds will be awarded, the principle will never be lost. It will continue to generate funds for following years."

"More details regarding the fund will be coming shortly," Douglas said.



First year LASA students Tammy Evans and Tony Atkins, and second year student Brian Kempster received awards at this year's banquet. (Mark Elgersma, second year, was absent.)
(photo by Patricia Harrickey)

LASA awards banquet a success

By Patricia Harrickey

Kitchener Mayor Dom Cardillo was among the many distinguished guests at this year's Law and Security Administration Awards banquet at the Waterloo Inn April 5.

More than 300 students, alumni and parents gathered to honor and recognize the LASA program, including Metro's top police officer, Chief William McCormack and Inspector of the Waterloo Regional Police Service, John Beacock.

First year student Tammy Evans and Brian Kempster, second year, were the recipients of the award for outstanding student. They were selected by secret ballot by fellow classmates in recognition of their

leadership qualities and involvement in the program.

Kempster also received the Al Logan Memorial Award for exemplifying a warm and caring attitude toward fellow students, as well as a good sense of humor. It is the first time a LASA student has won the award.

The Faculty Award for academic excellence, leadership and fellowship went to Tony Atkins for first year and Mark Elgersma for second year.

Inspector Beacock commended the LASA program and said the Waterloo Regional Police Force employs Conestoga graduates "because of the quality of education they receive and the high level of co-operation I have experienced

with them."

"I like the teaching methods at the college and endorse the program one hundred per cent," Beacock said.

Surplus monies from this year's LASA fundraising events were donated to two local non-profit organizations. Anselma House, a facility that provides a safe and supportive shelter for physically and emotionally abused women and their children, received \$300.

The second donation of \$300 went to Citizens Concerned With Crimes Against Children, an organization which protects children against sexual abuse and educates the public about such crimes.

Make \$330 the Brad Howarth way

By Patricia Harrickey

Want to make \$330 fast, with no work involved? Brad Howarth, an instructor in the Electronic Engineering and Technology program, is willing to show you how.

If you were 19 or older in 1990 and made a small income, even none, you are eligible for both the federal sales tax credit of \$140, and the goods and services tax credit of \$190.

Howarth said he discovered a lot of students did not know about

these credits when his son, who is about to turn 19, filed his tax return.

"A lot of kids his age don't even file returns because they figured they didn't make anything so it didn't matter. But they are still eligible for these credits," he said.

Howarth said he checked with students and the majority of them were unaware of the tax credits.

"I thought this is crazy, I have to get the word out. I would much rather the money be in the student's pocket than Mulroney's."

Howarth said he checked all his

facts regarding the tax returns with several people, including Frank Mensink in the accounting program.

"There are a lot of students who have never even filled out a tax return before but who are eligible to claim, even as far as the last three years," he said.

Howarth said he is willing to help any student with questions about the credits, as well as those with difficulties with their tax returns.

**RECYCLE
RECYCLE
RECYCLE**

**Campus Bible
Study**

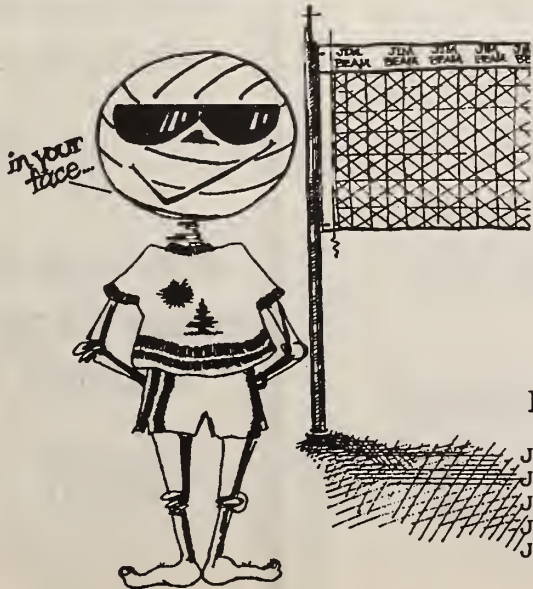
Tuesdays
11:30 a.m. - 12 p.m.
Room 1C19

For more
information call

884-5712

or

747-2698



**JIM BEAM
VOLLEYBALL
TOURNAMENTS**

CASH & MERCHANDISE

RECREATIONAL & COMPETITIVE CO-ED DIVISIONS

JUNE 15 & 16	WASAGA BEACH	JULY 27 & 28	RICHARDS, MISSISSAUGA
JUNE 29 & 30	TURKEY POINT	AUG. 3 & 4	PORT STANLEY
JULY 6 & 7	PORT DALHOUSIE	AUG. 10 & 11	SAUBLE BEACH
JULY 13 & 14	GRAND BEND	AUG. 17 & 18	LEAMINGTON
JULY 20 & 21	WASAGA BEACH		

CONTACT THE JIM BEAM BEACH-LINE TODAY (416)-842-3397

New executives want to improve DSA's image

Jeffrey Nold



By Nicole Isard

Now that the DSA elections are over, it is time for the new president to take his position in office. Jeffrey Nold can't wait.

"I'm supposed to take office April 29, but I may not be here on that date."

"I don't feel any different now that I am president, but it is more of a responsibility. It bothers me, though, when people I see going down the hall call me Mr. President."

Nold said now that he is the DSA president, he has more of a say around the school, and he can make sure things get done. He said the main thing he will work on is school spirit because it is very low.

Nold also said the former DSA worked more on the internal structure, which he said was for the better, but "school spirit has to be done major, big time."

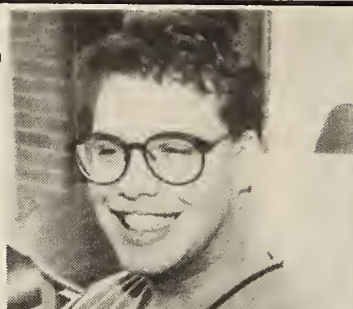
"I want it all to start right from orientation. There should be a lot of enthusiasm and a lot more student involvement. We tend to forget a lot of people, such as the people at Detweiler and the wood working centre. I would also like to work closely with the other campuses, and have a better communication link between the three," said Nold.

Nold said he wants more student ideas on decisions made within the college. He said he has a box in the DSA office, where students may leave messages and comments.

As for his education, Nold would like to go to Lakehead to get a B.A., after his third year in management studies. He currently works for the Canadian Imperial Bank of Commerce, and he wants to stay in the banking system, and perhaps become the manager of a bank, but he is still not sure.

"Don't call me Mr. President, call me Jeffrey...The most important reason I'm here is for my course, and I will try to be available, but I can't be there all of the time...there are a lot of meetings that the president sits in on. I find a lot of people bitch about things in the college, but they don't take any action. If they have a concern, they should look into resolving it, or finding some answers."

Jamie Slater



By Angie Hill

A man who can always be found and will continue to stay visible for his stint as vice-president external is Jamie Slater.

vice-president external is a job Slater is confident he can handle. It consists of supporting the president, liaison with external media, provincial parliament, and parliament, and co-ordinating bus passes between Kitchener-Waterloo and Conestoga College.

Slater, 18, has promised to become an available type of a guy that is approachable and honest.

"My main goal is to improve the communication between the students and the organization (Doon Student Association). I want to be more available. During next year, I will be mostly in the activities office, either Anita Arnold or I will be there so students can and talk to us. We want to create a more open environment."

Slater also said he is in the midst of working on a new project to benefit students from the Cambridge and Hespler areas of the twin cities.

"The issue I am going to be working on is asking Cambridge City Council to supply a courtesy bus to Kitchener. The bus would bring people directly to the college."

I really feel there is a need for this type of public transit. It is environmentally safer as it may cut down on the number of cars coming here everyday, and for people that don't drive, they need transportation to and from school. I know this has been tried in the past and rejected but, I think it needs to be tried again. I will have to do this all on my own time because working with the organization, they come first."

The summer agenda will be a hot one for Slater as he will be acting as president in the absence of Jeff Nold.

"Since I am the senior vice-president, I will be responsible for taking over all of Jeff's duties. I will be taking the summer off course-wise to dedicate my time to the DSA. This summer will be encompassed mainly on preparing the orientation kits for the upcoming school year. The passport will also be on the list. If we have the manpower, everything should run smoothly."

Anita Arnold



By Patricia Harrickey

The biggest concern of Anita Arnold, the newly elected Vice President Internal, is to improve the image of the Doon Student Association and "turn it into a truly student-run organization."

Arnold, a second year nursing student, said the image of the DSA has suffered recently and she hopes to rectify this by making it a more visible body.

"One of the most important things I hope to achieve is to make the DSA more open to people and to get more student involvement," she said.

Arnold said she plans to visit classrooms in the fall to recruit students for the DSA Board of Directors.

"Students can then go back to class and say what went on in meetings. In the past a small group created a system where nobody knew what was happening."

The DSA relationship with Spoke is another concern of Arnold's who was appointed as liaison between the association and the newspaper.

"I want to straighten things out with Spoke. It's almost like there's a war going on between them and the DSA and nobody talks to each other," she said.

Arnold blames the situation on the lack of communication between the two bodies. She plans to give a copy of her fall schedule to Spoke so they know where to reach her at all times.

"I think all DSA representatives should post their schedules outside the DSA office and have at least one mandatory hour a week in the office to answer any questions students or Spoke may have."

Arnold said during her own campaign she encountered problems trying to reach the DSA and does not want this to happen this year.

Arnold is pleased and challenged by her new position and has a lot of ideas to offer.

Her other goals include organizing a committee to improve the recycling campaign at the college. Arnold said currently there are problems with recycling, such as putting things in the wrong boxes. She is also eager to get next year's orientation organized and is in the process of forming an orientation committee.

MODEL

FOR CONESTOGA

Would you be willing to act as a model in publications and posters promoting Conestoga College?

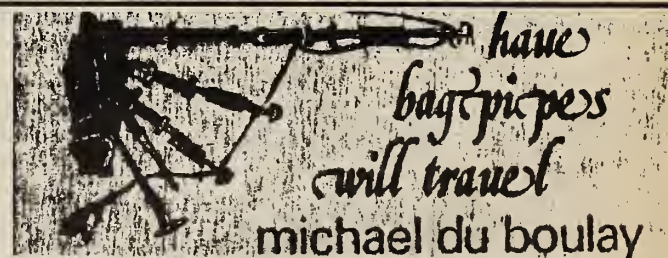
We will hold a Go-See for interested models.

GUILD ROOM, DOON CAMPUS

Wednesday, April 24, 3:30pm

Men and women students of all ages and programs are encouraged to attend.

You will be asked to complete a short questionnaire, and to pose for a Polaroid picture.



HEADTABLE ENTRANCES, BIRTHDAY, WEDDINGS or RETIREMENTS fee negotiable. Call 742-9490 after 6 PM.

Cash Back Instantly!

Returns prepared by former auditor for \$15.

Why wait 12 weeks for your money?

Pick-up or delivery available.

743-1886

WORD PROCESSING SERVICES

The resume you need for the job you want.

Essays & Reports
Desktop Publishing
Laser Printing

For a professional prepared document

Call

Sherri

578-1784

True confessions of a "Yankee?"

I confess.

I'm an immigrant from the United States. In my defense, I had little choice in deciding where I was born as my mother and father were Americans. Their roots are very deep in that country. My father's American family tree goes back to the 1700s, my mother's a century further.

My parents moved to Canada in 1966, when I was two months old. They had many reasons for coming to Canada, an excellent job offer from the University of Waterloo philosophy department being foremost in my father's mind, but there were other things as well.

The mid-sixties were a very bad time for the United States. 1966 featured terrible race riots in major cities, the rise of militant opposition to the escalating war in Vietnam, and continued oppression of blacks in the South. My father said he thought the country had gone mad after Kennedy was shot, after seeing police gun down protestors and blacks on the TV news at night. Neither of my parents were overly political but they decided Canada was a far more peaceful country in which to raise a family.

We became Canadians.

It was pretty easy for us, speaking the same language, eating the same foods, fol-



**Nathan
Hendley**

lowing the same customs. There was no American-Canadian social club in Kitchener-Waterloo but we had no problems fitting in.

At school, I never felt like a foreigner or outsider, as many first-generation immigrant kids do. I was rarely even aware of my American heritage, until occasionally some kids reminded me of it.

"Least I'm not a Yankee," Ted, the school yard bully snapped at me in grade three, following a recess tussle that was broken up by teachers.

Considering the New York Yankees baseball team, and that most Americans abroad call themselves Yanks, it was hardly an insult.

"Hear about the American couple so stupid they came to the border with ski racks in the middle of July asking where the snow was?"

It was a common joke when I was growing up, repeated endlessly as evidence of the United States' ignorance of their neighbors

to the north.

Some Americans are of course, pretty naive about our country.

My Aunt Judy from Connecticut refused to believe Boston was farther north on the continent than Toronto until we showed her an atlas. She was also amazed at our ethnically mixed neighborhood, and how quiet and relaxed our community seemed compared to most in the US.

"There's so much fear back home," she remarked.

"Blacks are afraid of whites and whites don't like the blacks. Everyone in the States seems to have a gun around the house, or is about to buy one."

Her son, my cousin Doug, had no hesitation when he was a kid to display his father's gun collection. Revolvers, shotguns and rifles - he acted as if it were the most normal thing in the world to have such a stockpile. In the States, it is.

No one I know in Canada, except sportsmen, own weapons. There's nothing wrong with guns, except when people get them because they're afraid of their neighbors, of crime, of somebody, some enemy trying to hurt them. I've never fired a pistol in my life, much less a shotgun or rifle or the deadly Uzi so many young Americans

my age seem fully acquainted with.

In 1970, I became a Canadian citizen, or rather a dual citizen until my eighteenth birthday. I registered to vote in a Canadian provincial election shortly after and became a full Canadian citizen, abandoning my dual heritage, if you could call it that.

"Are you sure you want to do this?" my parents asked before I registered. "And be a Canadian citizen, not a dual citizen?" They were older, had spent half their lives in the United States.

"I don't want to be a dual citizen," I said. "I grew up here, I don't know when Washington's birthday was, or what year Lincoln freed the slaves, and it doesn't bother me. I'm Canadian."

I am today, a little suspicious of multiculturalism, and the philosophy of holding onto something you don't possess any more. It seems to make no sense to consider yourself a part of a country you have left behind.

I don't want special status and it bothers my ears to hear so many people in Canada clamouring for it. They don't realize they are special already, living in a country relatively free from violence, crime, and the insidious kind of racial hate still afflicting our American cousins of whom we feel jealous.

**DOES ANYONE KNOW WHERE CONESTOGA STUDENTS
CAN FIND GREAT LOW PRICES ON BOTH FOOD AND
DRINK?**

NICHOLSON'S TAVERN

located just five minutes from Conestoga

CONESTOGA STUDENTS

**ENJOY 10% OFF ALL FOOD AND NON-ALCOHOLIC
BEVERAGES**

1679 Blair Road
R.R. #33
Cambridge
653-7909



**NOW HIRING
PEER TUTORS
FOR SEPT. '91**

QUALIFICATIONS

- A or B in completed subjects
- Enjoy working with people
- Strong communication skills

BENEFITS

- * Develop teaching skills
- * Excellent resume background
- * Wage of \$7.00 per hour

TUTORS HAVE SAID

"Gained confidence in myself"
"Satisfying seeing the improvement in student's marks"
"Great experience"

**Information and applications
available from student services**

Wanted

Hard working energetic people to work in southern Ontario planting trees.

Potential earnings up to \$750 - \$1,000 per week.

Please call

1-416-756-4165

**Pendulum Tree
Planting
Contractors**

SUMMER JOBS

Springtime Garden Centres Limited is hiring retail salespersons.

No experience necessary.

Enthusiasm essential.

Information and applications available at Doon Centre, Room 2A11-2

Wanted

**Entertainers/
bands**

for summer
employment

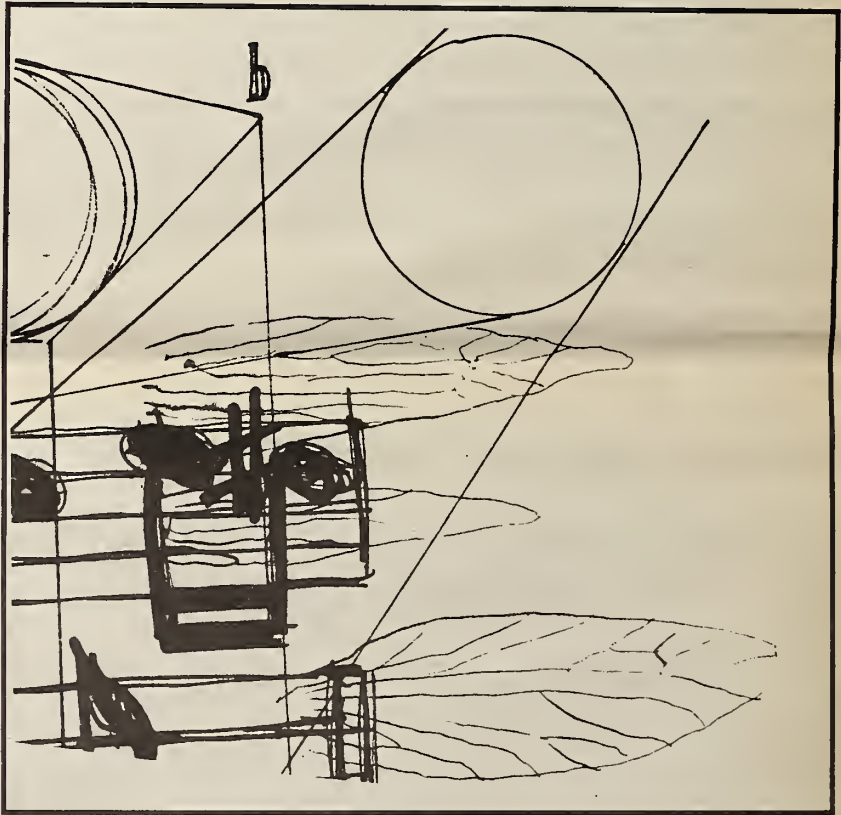
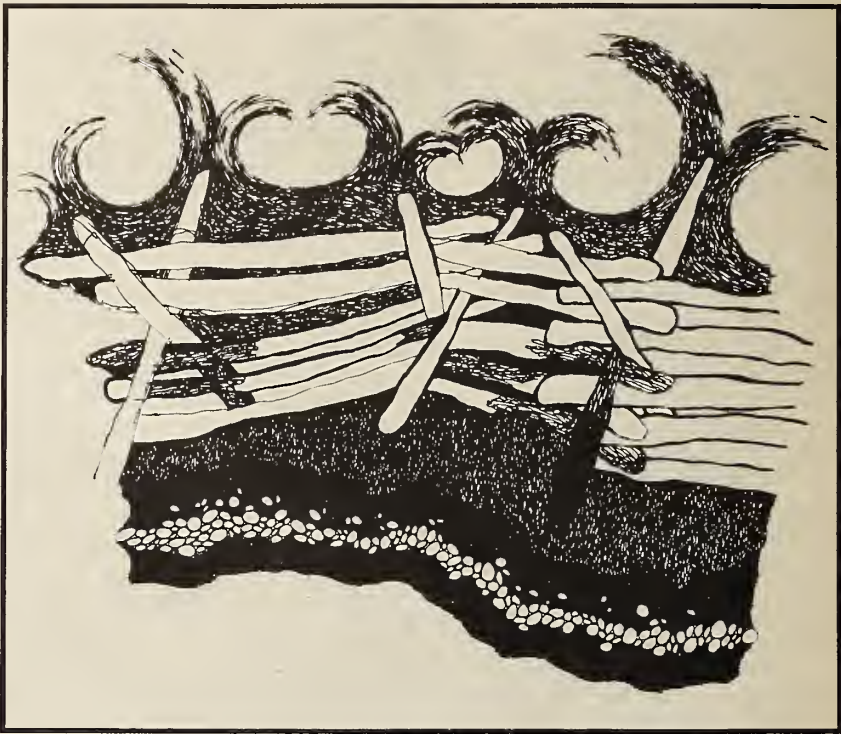
If interested please call

the Kitchener
Downtown Business
Association

(9 a.m. - 5 p.m.)

744-4921

FEATURE



m.taylor

